NEWS RELEASE

International Seaways to Announce First Quarter 2026 Results on May 7, 2026

2026-04-23

NEW YORK--(BUSINESS WIRE)-- International Seaways, Inc. (NYSE: INSW) (the "Company" or "INSW") announced today that it plans to release first quarter 2026 results before market open on Thursday, May 7, 2026. The Company will host a conference call for investors at 9:00 a.m. Eastern Time ("ET") on the same day.

Conference Call Details:

Date:	Thursday, May 7, 2026
Time	9:00 AM ET
Dial-in Numbers	US: +1 (800) 715-9871 International: +1 (646) 307-1963
Conference ID	1842743

A live webcast of the conference call will be available from the Investor Relations section of the Company's website at **https://www.intlseas.com/**.

An audio replay of the conference call will be available starting at 12:00 p.m. ET on Thursday, May 7, 2026 through 11:59 p.m. ET on Thursday, May 14, 2026 by dialing +1 (800) 770-2030 for domestic callers and +1 (609) 800-9909 for international callers, and entering Access Code 1842743.

About International Seaways, Inc.

International Seaways, Inc. (NYSE: INSW) is one of the largest tanker companies worldwide providing energy transportation services for crude oil and petroleum products in International Flag markets. International Seaways owns and operates a fleet of approximately 70 vessels across the principal tanker asset classes including four vessels on order. International Seaways has an experienced team committed to the very best operating practices and the highest levels of customer service and operational efficiency. International Seaways is headquartered in New York City, NY. Additional information is available at **https://www.intlseas.com**.

Forward-Looking Statements

This release contains forward-looking statements. In addition, the Company may make or approve certain statements in future filings with the U.S. Securities and Exchange Commission (the "SEC"), in press releases, or in oral or written presentations by representatives of the Company. All statements other than statements of historical facts should be considered forward-looking statements. These matters or statements may relate to plans to issue dividends, the Company's prospects, including statements regarding vessel acquisitions, expected synergies, trends in the tanker markets, and possibilities of strategic alliances and investments. Forward-looking statements are based on the Company's current plans, estimates and projections, and are subject to change based on a number of factors. Investors should carefully consider the risk factors outlined in more detail in the Annual Report on Form 10-K for 2025 for the Company, and in similar sections of other filings made by the Company with the SEC from time to time. The Company assumes no obligation to update or revise any forward-looking statements. Forward-looking statements and written and oral forward-looking statements attributable to the Company or its representatives after the date of this release are qualified in their entirety by the cautionary statements contained in this paragraph and in other reports previously or hereafter filed by the Company with the SEC.

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