

Notice-and-Access

The Canadian securities regulators have adopted rules which permit the use of notice-and-access for proxy solicitation instead of the traditional physical delivery of material. This new process provides the option to post meeting related materials including management information circulars, as well as annual financial statements and management's discussion and analysis on a website in addition to SEDAR+. Under notice-and-access, meeting related materials will be available for viewing for up to 1 year from the date of posting and a paper copy of the material can be requested at any time during this period.

LIFESPEAK INC. has elected to utilize notice-and-access and provide you with the following information:

Meeting Date and Time: June 19, 2024 11:00 AM Canada/Eastern Standard

Meeting Location: https://virtual-meetings.tsxtrust.com/1618 password: lifespeak2024

Meeting materials are available electronically at www.sedarplus.ca and also at https://docs.tsxtrust.com/2299.

If you wish to receive a paper copy of the Meeting materials or have questions about notice-and-access, please call 1-866-600-5869 or email tsxtis@tmx.com. In order to receive a paper copy in time to vote before the Meeting, your request should be received by June 10, 2024.

Please follow the instructions accompanying the Voting Instruction Form you receive with respect to returning it.

Disclosure regarding matters to be voted on may be found in the following Sections of the Information Circular.

- 1. ELECTION OF DIRECTORS
- 2. APPOINTMENT OF AUDITOR

VANCOUVER CALGARY TORONTO MONTRÉAL

- 3. APPROVAL OF THE UNALLOCATED OPTIONS UNDER THE OMNIBUS PLAN
- 4. APPROVAL OF FULL CONVERSION AMOUNT UNDER THE CONVERTIBLE LOAN

You should review the Information Circular before voting.

	(Detach and Retain top for your records)
Request for Financial Statements	LIFESPEAK INC. (Company) 2024
In accordance with National Instrument 51-102 - Continuous Disclour annual financial statements and corresponding management's	osure Obligations, registered and beneficial securityholders may elect annually to receive a copy of s discussion and analysis ("MD&A").
IF YOU WISH TO RECEIVE THESE DOCUMENTS BY MAIL, PLEASE DETACH THIS PORTION AND RETURN THIS COMPLETED FORM TO: TSX Trust Company 301 - 100 Adelaide Street West Toronto ON M5H 4H1 or fax to 416-595-9593	Rather than receiving the financial statements by mail, you may choose to view these documents on the SEDAR+ website at www.sedarplus.ca . I HEREBY CERTIFY that I am a registered and/or beneficial holder of the Company, and as such, request that my name be placed on the Company's Mailing List in respect to its annual and/or interim financial statements and the corresponding MD&A for the current financial year.
Please send me: Annual Financial Statements with MD&A	
FIRST NAME	LAST NAME
ADDRESS	CITY
PROVINCE/STATE POSTAL/ZI	P CODE COUNTRY