THE IMPACT OF LEAVE ON **EMPLOYERS AND EMPLOYEES**

Prudential and Aflac collaborated to present findings from two individual studies related to Workers Left Behind. The purpose of the studies was to better understand how workers are impacted when left to cover for a coworker on leave and how employers are supporting them.



Employers are offering paid leave to achieve employee satisfaction.

What employers noticed: have seen an increase in employee leaves feel leaves have a positive impact on employees on leave

Areas to improve...



report a negative impact if a leave of absence is not available when needed

believe there is a negative impact on coworkers when an employee takes leave

Employers report taking action to mitigate the impact of employee leaves, but workers may not be aware of these efforts.

94% of employers report taking action to address employee leaves, but only

74% of employees report their employers have taken any action.

Specific disconnects between what employers say they provide and what employees say they are offered:

	Employers	Employees	Gap
Additional training	31%	15%	2.1x
Increased remote work	31%	23%	1.3x
Additional compensation	27%	10%	2.7x



Employees report significant changes to their mental and physical health, when covering for a coworker on leave.



While covering for a peer...

24% were diagnosed with a new condition

8% say a pre-existing condition worsened

Of those with a worsening pre-existing condition

required additional treatment

required time off for recovery





The work related to Workers Left Behind examines how employees and employees are impacted by leave programs. Conducted by Kantar Profile Divisions on behalf of Aflac Incorporated, the employee survey took place between January 23, 2024, and February 2, 2024, and captured 1,001 responses from employees across the U.S. in various industries. Conducted by Zeldis Research on behalf of Prudential, the employer rese conducted via online surveys in January/February 2024 and captured 756 responses from benefits decision-makers in organizations with at least 100 employees.

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