ISS Recommends Sunrise REIT Unitholders Vote FOR Proposed Acquisition by Ventas

March 14, 2007

LOUISVILLE, Ky. and TORONTO, March 14, 2007 /PRNewswire-FirstCall via COMTEX News Network/ -- Ventas, Inc. (NYSE: VTR) ("Ventas") and Sunrise Senior Living Real Estate Investment Trust (TSX: SZR.UN) ("Sunrise REIT") today announced that Institutional Shareholder Services of Canada, a leading independent voting advisory service, recommends that Sunrise REIT unitholders vote FOR the proposed acquisition by Ventas at the March 30, 2007 Special Meeting of Sunrise REIT unitholders.

About Sunrise REIT

Sunrise REIT was formed to indirectly acquire, own and invest in income- producing senior living communities in major metropolitan markets and their surrounding suburban areas in Canada and the United States. Sunrise REIT owns 74 senior living communities, 11 in Canada and 63 in the United States. All of Sunrise REIT's senior living communities are managed by Sunrise Senior Living, Inc., one of the largest providers of senior living services in North America. Sunrise REIT also directly acquires interests in newly developed senior living communities through development and financing arrangements with Sunrise Senior Living, Inc.

About Ventas

Ventas, Inc. is a leading healthcare real estate investment trust. Its diverse portfolio of properties located in 43 states includes independent and assisted living facilities, skilled nursing facilities, hospitals and medical office buildings. More information about Ventas can be found on its website at http://www.ventasreit.com .

This press release includes forward-looking statements within the meaning of Section 27A of the Securities Act of 1933, as amended, and Section 21E of the Securities Exchange Act of 1934, as amended. All statements regarding Ventas, Inc.'s ("Ventas" or the "Company") and its subsidiaries' expected future financial position, results of operations, cash flows, funds from operations, dividends and dividend plans, financing plans, business strategy, budgets, projected costs, capital expenditures, competitive positions, acquisitions, investment opportunities, merger integration, growth opportunities, expected lease income, continued qualification as a real estate investment trust ("REIT"), plans and objectives of management for future operations and statements that include words such as "anticipate," "if," "believe," "plan," "estimate," "expect," "intend," "may," "could," "should," "will" and other similar expressions are forward-looking statements. Such forward-looking statements are inherently uncertain, and security holders must recognize that actual results may differ from the Company's expectations. The Company does not undertake a duty to update such forward-looking statements, which speak only as of the date on which they are made.

The Company's actual future results and trends may differ materially depending on a variety of factors discussed in the Company's filings with the Securities and Exchange Commission. Factors that may affect the Company's plans or results include without limitation:

(a) the ability and willingness of the Company's operators, tenants, borrowers, managers and other third parties, as applicable, to meet and/or perform the obligations under their various contractual arrangements with the Company;

(b) the ability and willingness of Kindred Healthcare, Inc. (together with its subsidiaries, "Kindred"), Brookdale Living Communities, Inc. (together with its subsidiaries, "Brookdale") and Alterra Healthcare Corporation (together with its subsidiaries, "Alterra") to meet and/or perform their obligations to indemnify, defend and hold the Company harmless from and against various claims, litigation and liabilities under the Company's respective contractual arrangements with Kindred, Brookdale and Alterra;

(c) the ability of the Company's operators, tenants, borrowers and managers, as applicable, to maintain the financial strength and liquidity necessary to satisfy their respective obligations and liabilities to third parties, including without limitation obligations under their existing credit facilities;

(d) the Company's success in implementing its business strategy and the Company's ability to identify, underwrite, finance, consummate and integrate diversifying acquisitions or investments, including those in different asset types and outside the United States;

(e) the nature and extent of future competition;

(f) the extent of future or pending healthcare reform and regulation, including cost containment measures and changes in reimbursement policies, procedures and rates;

(g) increases in the Company's cost of borrowing;

(h) the ability of the Company's operators and managers, as applicable, to deliver high quality services and to attract residents and patients;

(i) the results of litigation affecting the Company;

(j) changes in general economic conditions and/or economic conditions in the markets in which the Company may, from time to time, compete;

(k) the Company's ability to pay down, refinance, restructure and/or extend its indebtedness as it becomes due;

(l) the movement of interest rates and the resulting impact on the value of and the accounting for the Company's interest rate swap agreement;

(m) the Company's ability and willingness to maintain its qualification as a REIT due to economic, market, legal, tax or other considerations;

(n) final determination of the Company's taxable net income for the year ended December 31, 2006 and for the year ending December 31, 2007;

(o) the ability and willingness of the Company's tenants to renew their leases with the Company upon expiration of the leases, including without limitation Kindred's willingness to renew any or all of its bundles of leased properties expiring in 2008, and the Company's ability to relet its properties on the same or better terms in the event such leases expire and are not renewed by the existing tenants;

(p) risks associated with the proposed acquisition of Sunrise Senior Living REIT, including the Company's ability to successfully complete the transaction on the contemplated terms and to timely and fully realize the expected revenues and cost savings therefrom;

(q) developments relating to the proceedings in the Ontario Superior Court of Justice relating to the proposed acquisition of Sunrise Senior Living REIT;

(r) the movement of U.S. and Canadian exchange rates;

(s) year-over-year changes in the Consumer Price Index and the effect of those changes on the rent escalators, including the rent escalator for Master Lease 2 with Kindred, and the Company's earnings; and

(t) the impact on the liquidity, financial condition and results of operations of the Company's operators, tenants, borrowers and managers, as applicable, resulting from increased operating costs and uninsured liabilities for professional liability claims, and the ability of the Company's operators, tenants, borrowers and managers to accurately estimate the magnitude of such liabilities. Many of these factors are beyond the control of the Company and its management.

SOURCE Ventas, Inc.; Sunrise Senior Living Real Estate Investment Trust

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