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# Northern Oil and Gas, Inc. Announces Second Quarter Earnings Release & Conference Call

WAYZATA, Minn., Aug. 2 /PRNewswire-FirstCall/ -- Northern Oil and Gas, Inc. (NYSE/AMEX: NOG) ("Northern Oil") announced today that it expects to release second quarter financial and operating results on Monday, August 9, 2010 prior to market trading.

In conjunction with Northern Oil's release of its financial and operating results, investors, analysts and other interested parties are invited to listen to a conference call with management on Monday, August 9, 2010 at 10:00 a.m. Central Standard Time.

Details for the conference call are as follows:

Dial-In Number:  (866) 261-2650 (US/Canada) and (703) 639-1221 (International)

Conference ID: 1474933, Northern Oil and Gas Second Quarter Earnings Release

## ABOUT NORTHERN OIL AND GAS

Northern Oil and Gas, Inc. is an exploration and production company based in Wayzata, Minnesota.  Northern Oil's core area of focus is the Williston Basin Bakken and Three Forks trend in North Dakota and Montana.

More information about Northern Oil and Gas, Inc. can be found at **www.NorthernOil.com**.

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