2/22/2012

Northern Oil and Gas, Inc. Announces Fourth Quarter and Full-Year 2011 Earnings Release & Conference Call

WAYZATA, Minn., Feb. 22, 2012 /PRNewswire/ -- Northern Oil and Gas, Inc. (NYSE/AMEX: NOG) ("Northern Oil") announced today that it expects to release fourth quarter and full-year 2011 financial and operating results on Wednesday, February 29, 2012 prior to the market open.

In conjunction with Northern Oil's release of its financial and operating results, investors, analysts and other interested parties are invited to listen to a conference call with management on Wednesday, February 29, 2012 at 9:00 AM Central Time.

Details for the conference call are as follows:

Dial-In Number:

(888) 244-2521 (United States and Canada)

(913) 312-1447 (International)

Conference ID:

6300458 - Northern Oil and Gas, Inc. Fourth Quarter and Full-Year 2011

Replay Dial-In Number:

(888) 203-1112 (United States and Canada)

(719) 457-0820 (International)

Replay Code:

6300458 – Replay will be available through March 14, 2012

ABOUT NORTHERN OIL AND GAS

Northern Oil and Gas, Inc. is an exploration and production company based in Wayzata, Minnesota. Northern Oil's core area of focus is the Williston Basin Bakken and Three Forks trend in North Dakota and Montana.

More information about Northern Oil and Gas, Inc. can be found at **www.northernoil.com**.

CONTACT:
Investor Relations
Erik Nerhus
952-476-9800

SOURCE Northern Oil and Gas, Inc.

Released February 22, 2012