



October 27, 2015

The Ensign Group Opens Its First Healthcare Resort in Kansas City, Kansas

MISSION VIEJO, Calif., Oct. 27, 2015 (GLOBE NEWSWIRE) -- The Ensign Group, Inc. (NASDAQ:ENSG), the parent company of the Ensign™ group of skilled nursing, rehabilitative care services, home health care, hospice care, assisted living and urgent care companies, announced today that it opened its first Healthcare Resort in Kansas City, Kansas, effective October 22, 2015. This is the first of several newly constructed resorts Ensign will be opening in Kansas, Texas and Colorado.

"Ensign is very excited to open our first Healthcare Resort as an important strategic addition to complement our growing number of healthcare operations," said Christopher Christensen, Ensign's President and Chief Executive Officer. "The Healthcare Resort's primary objective is to help patients get back home as quickly and safely as possible while providing a resort-like experience during their stay," he added.

The Healthcare Resort in Kansas City features a 70-bed licensed transitional care operation, 30 private assisted living suites, a large movie theatre, a game room and pub, as well as bistros, an on-site chef and more.

"We look forward to working together with the Kansas City healthcare community and families to reduce post-acute patient recovery periods while providing the highest level of patient-centered healthcare in a state-of-the-art environment," said Eric Gillis, President of Golden Oaks Healthcare, Ensign's wholly-owned operating subsidiary. "The Healthcare Resort's team of caregivers offer proven rehabilitation and therapy programs and top-notch equipment, all in a first-class setting."

In addition to the private transitional care services, The Healthcare Resort of Kansas City also offers private extended-stay suites for patients requiring additional assistance before they return home. This provides a unique stepping stone that brings the right balance of independence and clinical oversight to further assist patients as they progress through the continuum of care towards a full recovery. "Patients who need a bit more support before returning safely home can be cared for by the same expert therapists who have cared for them throughout their stay at The Healthcare Resort, ensuring the best possible outcomes," Gillis added.

Mr. Christensen indicated that he expects the operations to become mildly accretive to earnings during the third quarter of 2016, reaffirming that he expects to open several other locations in Kansas and Texas over the next several months. He also indicated that Ensign continues to actively seek additional opportunities to both acquire existing healthcare operations and to strategically develop new operations across the United States.

About Ensign™:

The Ensign Group, Inc.'s independent operating subsidiaries provide a broad spectrum of skilled nursing and assisted living services, physical, occupational and speech therapies, home health and hospice services, urgent care services and other rehabilitative and healthcare services at 179 facilities, thirteen hospice agencies, fifteen home health agencies, three home care businesses and seventeen urgent care clinics in California, Arizona, Texas, Washington, Utah, Idaho, Colorado, Nevada, Iowa, Nebraska, Oregon, Wisconsin and Kansas. More information about Ensign is available at <http://www.ensigngroup.net>.

CONTACT: The Ensign Group, Inc., (949) 487-9500, ir@ensigngroup.net

| x |

Source: The Ensign Group, Inc.

News Provided by Acquire Media